



# PRESENTS IN A PACKAGE

*Sending Christmas to our Troops*

**Help us support our military troops during Christmas!  
Here is a list of items they LOVE to receive:**

**CARDS & LETTERS** The troops love to hear from all of us, and mail brightens their day!

**CHRISTMAS DECORATIONS**

- Garland
- Plastic ornaments
- 1ft tall or smaller artificial trees
- Wrapping paper in squares
- Strands of lights
- Christmas hats
- Santa stockings

**ENTERTAINMENT**

- Blank note cards with envelopes (to send mail back home – NO postage required)
- Gamebooks like crossword puzzles, etc.
- Toys:
  - Nerf footballs
  - Playing cards
  - Frisbees
  - Hacky sacks

**SNACKS/FOOD** They appreciate items new to market.

- Beef jerky/Slim Jims
- Granola bars & protein bars
- Herbal teas
- Pringles
- Trail mix
- Dried fruit
- Microwave popcorn
- Hostess cake products
- Instant oatmeal
- Nuts & seeds
- Dry soup and ramen noodles
- Boxed chips & crackers
- Pop-Tarts
- Ground coffee - all flavors
- Tuna & chicken in pouches or ready-to-eat kits
- Powdered drink mixes & protein powders
- Gum & hard candies (NOTHING that will melt)
- Boxed cookies (Boxed are best and NOTHING that will melt)

**TOILETRIES** NO AEROSOLS CAN BE MAILED and NO MEDS!

- Baby wipes
- Body wash
- Sunblock (SPF 45 or higher)
- Socks (Black & white cotton)
- Lip balm

**\*\* ALL items must fit into a 12 x 12 x 5 box to be shipped overseas. \*\***

**PROHIBITED/RESTRICTED** items that CANNOT be shipped:

- Chocolate
- Hand sanitizer
- Fragile (glass)
- Batteries



There are many ways that you can contribute:

- **Submit names and addresses of deployed Kansans** to [bit.ly/DEPLOYEDKANSAN](https://bit.ly/DEPLOYEDKANSAN) by 11/11/24.



- **Volunteer to assemble boxes**, pack boxes, load boxes, address boxes, or sort and set up donations on November 15th from 10 a.m. – 2:00 p.m. at the Farm Credit Bank Building, 245 N Waco – Wichita. **Sign up here.**



- Donate items by 11/13/24. **Donation List.**
- Donate toward the \$23 postage per package. **Donate online** via Facebook, send checks to: Volunteer Kansas PO Box 781598 Wichita KS 67278, or make donations at any Southwest National Bank branch.



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Donate, Volunteer,  
Submit Addresses  
Of Deployed Troops

*info at*  
 [volunteerkansas.org](http://volunteerkansas.org)



*Volunteer Kansas, Inc. is a 501(c)(3) organization based in Wichita, Kansas.*